

STARTERS

Guinness & Treacle Wheaten - £5

Garlic Ciabatta - £5

house salad

Soup of the Day - £7.00

homemade and served with freshly baked Guinness & treacle wheaten
(GFO) (Veg) (Vegan)

Prawn Cocktail - £11.95

marie rose, bloody mary cocktail sauce, shredded iceberg, guinness treacle wheaten

Crispy Aromatic Duck - £9.95

steamed pancakes, shredded cucumber, iceberg & spring onion, hoisin sauce

Heifer Wings' - £9.95 or ½ kg - £13.95

crispy chicken wings in your choice of sauce - secret 'Heifer' or hot buffalo

5 Mile Town Goats Cheese - £9.95

in a caramelised walnut & cranberry crumb, poached pear & honey spiced dressing

Crispy Salt n Chili Chicken - £9.95

nappa slaw, chilli, coriander & lime mayo & toasted sesame seeds

KIDS

Pasta Bolognese - 8.00

Sausages - £8.00

Southern Fried Tenders - £8.00

Battered Haddock - £8.00

4oz Burger - £8.00

6oz Sirloin Steak - £17.00

served with choice of side

SIDE DISHES - £4.50

Chunky Chips

Skinny Fries

Champ

Baby Boils

Sautéed Mushrooms

Seasonal Veg

Tobacco Onions

Onion Rings

Creamy Gratin Garlic Potato

Parmesan & Garlic Fries - **£5.50**

MAIN COURSES

12oz Steak - £29.95

prime 12oz sirloin, tobacco onions, choice of sauce & side
Steak Sandwich? add garlic ciabatta **£1.50** (GFO)

Prime Irish Fillet - £39.95

9oz fillet, tobacco onions, choice of sauce & side (GFO)

1kg Tomahawk Steak (TO SHARE) - £70

1kg prime Irish beef from the rib end of the sirloin, peppered sauce, roasted baby vine tomatoes, beer battered crispy onion rings & parmesan garlic fries (GFO)

'Beef 'n' Reef' - £29.95

6oz prime Irish Sirloin, tobacco onions, choice of sauce & side
served with prawns, cherry vine tomato & scallions sautéed in a chilli & garlic oil
Add our 'Reef' seafood element to any steak **£11.95**

Haloumi Salad - £21.95

pan fried haloumi, balsamic glazed roast cherry vine tomatoes & beetroot, mixed leaves,
pickled onions, pumpkin seeds, veg crisps
(Veg) (Vegan) (GFO)

Seafood Medley - £24.95

pan fried seabass on smoked bacon n creamed leeks, beer batter haddock, crab claws in a
garlic, lemon & herb butter, prawns in a lemon & herb panko crumb, spiced marie rose dip &
choice of side

Chicken Supreme - £23.95

pan roast marinated chicken fillet with a chorizo, pea, butternut squash & parmesan risotto

Heifer Burger - £19.95

2 4oz prime Irish beef patties, or Southern Fried chicken fillet, brioche bap, mayo, shredded
iceberg & Ballymaloe relish

Options – onion rings, cheese, bacon (£1 each)

Katsu Curry - £23.95

crispy coated chicken fillet or panko crumbed prawns, sweet & mildly spiced served with
sticky basmati rice, topped with pickled red onion & carrots (Veg)(GFO)

DESSERTS

Lemon Meringue

Baked Alaska - £6.95

vanilla sponge, lemon curd, vanilla ice cream, toasted Italian meringue

Warm Chocolate

Fudge - £6.95

with vanilla ice cream

Banoffee Pudding - £6.95

toffee & banana sponge, caramelised banana, salted caramel sauce, chocolate ice-cream

Fresh Fruit Pavlova - £6.95

fresh cream, mixed fruits & raspberry coulis

Hazelnut & Chocolate

Mousse - £6.95

toasted hazelnuts & beuno fresh cream

Traybake - £4.50

changes weekly please ask

DESSERTS COCKTAILS

Espresso Martini - £9

vodka, tia maria, espresso, sugar syrup

Tiramisu - £9

chocolate baileys, tia maria, frangelico, espresso & cream

After Eight - £9

crème de menthe, chocolate baileys, cream